

Year 7		Year 8		Year 9	
<p><i>Personal Development, entitled 'My Future Matters' (MFM), broadly comprises Enrichment, PSHE & Citizenship (PSHCE) and Character Matters (CM).</i></p> <p><i>Discrete PSHCE provision takes place in HT3 and HT4 of Years 7–10, and through three dedicated days in Year 11.</i></p> <p><i>Various elements of MFM and CM are also delivered in tutor time and assemblies, and calendared events throughout the year.</i></p> <p><i>Entitlement to Religious Education is met through personal development provision in Year 11.</i></p>	<p>HT2: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT1: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT2: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT1: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT2: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>
<p>HT3: Health, Wellbeing and Relationships</p> <p>Pupils will be investigating transition to help promote self-esteem and confidence, sharing and building relationships. Pupils will make choices about healthy eating, risks of alcohol, tobacco and other substances. Pupils will learn how to manage puberty and learn about FGM and the consequences. Pupils will also discuss on and offline friendships including promotion of diversity, reacting to prejudice and bullying. Assembly on Mental Health and Wellbeing.</p>	<p>HT4: Relationships and Living in the Wider World</p> <p>In this half term pupils learn about Citizenship and the importance of topical debate covering British values including animal welfare, pupils' education and the environment. Pupils investigate the problem of conflict and how lives have changed since 9/11 and the Manchester bombings. We will explore violent protests since the riots of 2011. Pupils also learn about the Rule of Law including justice, democracy and sentencing young people.</p>	<p>HT3: Living in the wider world, Relationships and Health & Wellbeing</p> <p>Pupils build upon their knowledge from Year 7 about Citizenship and rights and responsibilities, investigating first aid and road safety. Before looking at ownership of animals, animal rights laws, use and abuse of animals and how it can be tackled. Pupils create and campaign for their own charity whilst exploring how current UK charities help underprivileged groups. In the RSE section pupils explore the start of a healthy relationship and gain the tools to recognise different relationships and how to protect themselves if they get into trouble. The subject of contraception is introduced to ensure pupils have a basic understanding of the meaning. Pupils build upon their knowledge from year 7 regarding smoking and illegal substances.</p>	<p>HT4: Relationships and Living in the Wider World</p> <p>In this half term pupils study the Citizenship aspect of Democracy and British values whilst incorporating RSE. Building on topics from Year 7, pupils are challenged to think what a terrorist might look like, addressing stereotypical views that all terrorists are Muslim and looking at the IRA and current white supremacist views. Pupils investigate the diversity of the UK and how to promote tolerance. Finally looking at the governance of the UK from Parliament to the local council.</p>	<p>HT3: Living in the wider world, Relationships and Health & Wellbeing</p> <p>Pupils cover issues from bullying to disability and how to promote tolerance, building on Year 7 and 8 content. Pupils explore how relationships with those who are disabled are often crowded by prejudice and how this can be overcome. In RSE pupils discuss and learn about the myths surrounding having sex and a healthy sexual relationship. Pupils have a practical lesson with condom demonstrations and are signposted where to get help especially if there is a teenage pregnancy. Pupils then discuss the issue of cannabis and whether it should be legalised or not whilst looking at the consequences of any drug use, building on their previous two years' knowledge. Finally, CIAG pupils investigate the possibility of future GCSEs.</p>	<p>HT4: Living in the wider world, Relationships and Healthy Lifestyles</p> <p>Pupils in this half term are consolidating their British values and Citizenship topics including the radicalisation of young people and how this can be prevented through having a positive relationship with school, family and friends. To investigate the local crime of Sophie Lancaster and stamp out prejudice and hatred. Also to conclude the work on discrimination through racism and local football matches. RSE focuses on the law relating to sexting, up-skirting and online grooming.</p>
<p>HT5: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT6: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT5: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT6: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT5: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT6: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils', skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>

PSHE / Enrichment

KS4

Year 10		Year 11	
<p>HT1: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils' skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT2: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils' skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT1: Physical Education Enrichment</p> <p>Pupils develop and consolidate physical education skills and knowledge gained in Years 7-10 through a selection of activities chosen from football, badminton, fitness, powerwalking, yoga, and golf. Activities are delivered both on site and at a range of venues in the local community.</p>	<p>HT2: Physical Education Enrichment and PSHCE Day 1 – My Future Matters</p> <p>Through workshops, and with support from external providers, pupils create a CV, Personal Statement and Action Plan. Pupils investigate a range of careers and then reflect upon their own achievements to produce a personal statement. Pupils also sign up to Start Profile and rehearse for mock interviews.</p>
<p>HT3: Health & Wellbeing, RSE, Living in the Wider World</p> <p>Pupils explore social media: role models, information sources, negative impact, fake news and photoshopping. A focus on budgeting and finance supports future financial security. Pupils learn about legal and illegal substances and addiction, peer pressure and county lines. In RSE, pupils learn about STIs, contraception and pornography. Pupils are encouraged to challenge relationship stereotypes.</p>	<p>HT4: Relationships and Living in the Wider World</p> <p>Pupils explore the working world, considering how to get the best from their work experience. RSE asks pupils to consider how a teenage pregnancy might work out, what might be the pros and cons? Pupils investigate what constitutes good parenting the tactics needed to raise a family. Finally, pupils explore the institute of marriage in all its forms.</p>	<p>HT3: Physical Education Enrichment and PSHCE Day 2 – My Future Matters, Character Matters</p> <p>Pupils participate in five out of ten available one-hour workshops focused upon mindfulness, mental wellbeing, healthy lifestyles, crime and consequences, and future pathways. The remaining five workshops are accessed on PSHCE Day 3 in HT4.</p>	<p>HT4: Physical Education Enrichment and PSHCE Day 3 - My Future Matters, Character Matters</p> <p>Pupils participate in the five remaining one-hour workshops from a total ten, all of which focus upon mindfulness, mental wellbeing, healthy lifestyles, crime and consequences and future pathways. The initial five workshops were completed in HT3.</p>
<p>HT5: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils' skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT5: Enrichment</p> <p>Each half term, pupils engage in an enrichment activity chosen from a wide range of options, with the aim of broadening pupils' skills, interests and experiences by giving them access to a range of educational opportunities outside the traditional curriculum. Pupils are encouraged to try new things, pursue existing interests and further develop abilities and talents.</p>	<p>HT5: Physical Education Enrichment</p> <p>Pupils develop and consolidate physical education skills and knowledge gained in Years 7-10 through a selection of activities chosen from football, badminton, fitness, powerwalking, yoga, and golf. Activities are delivered both on site and at a range of venues in the local community.</p>	<p>HT6: Physical Education Enrichment</p> <p>Summer examinations take place.</p>

Notes

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